

SUBJECT: PE				YEAR GROUP: 6		
Half-Term	Aut1	Aut2	Spr1	Spr2	Summ1	Summ2
Statement of Intent	Measure, time and set own targets for athletics. To pass, catch and carry the ball towards a try line, to use dodging and marking to defend.	To Create dance reacting to a stimulus using all dance concepts previously taught.	To understand what moves need to be used to create a good routine in gymnastics, include rolls balances jumps and travelling. To know the positions and areas for netball and basketball and have some knowledge of the rules.	To dribble and hit a ball on the move. To use a hockey tackle to defend.	To hit a ball to and area with accuracy, to bowl a ball with accuracy. Stop and return a ball with accuracy. To hit the ball to score a point by aiming away from the opponent. To score for themselves and peers.	Perform safe self-rescue in different water-based situations.
Key Curriculum Coverage	I can demonstrate good control strength speed and stamina I understand and can explain the short and long term effects of exercise I can apply athletic skills to a competitive situation	I can perform and create motifs I can select and use a wide range of compositional skills to demonstrate ideas I can lead my own warm up and demonstrate all round safe practice	I can perform and create a movement sequence I can show an ability to innovate I can analyse skills and suggest ways to improve	I can control movement with a ball in an opposed situation whilst moving I can combine accurate passing skills I understand the long term effects of exercise	I can compare my performance with previous ones and demonstrate improvement I understand the importance of concentration and positioning when fielding I can follow through with control when batting and bowling	preserve energy and body heat while moving efficiently to safety or a buoyancy aid. I can keep my arms under the water when clothed
Key Vocabulary	Stamina Technique Strategy	Motif Canon Unison Rhythm Flow Timing poetic	Sequence Skill Control smooth	Control Defense Attack Formation Safety Protection concentration	Bowling Control Position Fielding Concentration Batting Defensive stroke belief	Alarm Danger Unconscious Controlled breathing Calm

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