

SUBJECT: PE			YEAR GROUP 5			
Half-Term	Aut 1 Tag Rugby	Aut 2 Dance	Spr 1 Basketball	Spr 2 Hockey	Sum 1 Athletics	Sum 2 Orienteering
Statement of Intent	To pass, catch and carry a rugby ball with control	To perform a sequence of moves in pairs using mirror and matching moves	To dribble a ball with hands, perform a chest, overhead, overhead, javelin and bounce pass.	To hit a hockey ball to a partner, to stop a hockey with control.	To throw a ball or javelin overarm, to throw a discus or quiot using a sling action. To perform a standing triple jump.	To be able to plan an effective way to complete a mapped course.
Key Curriculum Coverage	Effectively pass and receive a ball. Travel with a ball and outwit an opponent.	To sequence movements with control (solo). Sequence movements and travel in small groups Combine sequences to create whole group dances.	To know how to pass a ball in different ways. To dribble using their hands. Outwit an opponent to shoot at a basket.	Hold a hockey stick correctly. Send and receive a hockey ball correctly. Attack and defend as a team.	To use different throwing techniques. Perform the technique of a triple jump. Know how to improve their scores/	Follow a simple map in a familiar setting (School) Plan efficient route to complete a course.
Key Vocabulary	DETERMINATION Pass Receive Try Try-line Dodge Carry Travel	SELF BELIEF Rhythm Sequence Space Travel	PASSION Dribble Pass Receive Lay-up Shoot Possession Attack Defend	HONESTY Pitch Dribble Indian dribble Shoot Attack Defend Tackle Midfield	TEAMWORK Height Distance Accelerate Throw Equipment Triple Jump Personal best	RESPECT Orienteering Map Route Check points communication