

Curriculum Map - Year 5 2018-2019

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses.

Autumn Term			Spring Term			Summer Term		
Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
Week 1-4 Athletics  (Use sports hall athletics pack)	Stamina, speed, jumping and throwing. Measure and time.  Determination.  Respect.	Use a variety of throwing techniques.  Develop a standing broad jump and standing triple jump.  Develop running techniques: sprint, distance.	Weeks 1-3 Invasion (Netball & Basketball)  Core task: Invasion Activity 9 (Attack and defend to score a goal) High 5 netball scheme Matalan Cards LCP file Scheme of work	Fair play Respect Cognitive Spatial awareness Team work	Demonstrate a range of attacking and defending skills.  To be able to dribble a ball.  Use tactics to outwit opponents	Week 1-3 Athletics  (Core task – Athletics - Activity 9 and 10 How far and high can you jump and throw).	Jumping and throwing.  Measure and time.	Use a variety of throwing techniques.  Develop a standing broad jump and standing triple jump.  Develop running techniques: sprint, distance.
Weeks 5-8 Invasion Tag Rugby  (Use Tag Rugby Scheme)	Throwing and catching. Attacking and defending skills. Fair play. Respect. Team Work.	Passing catching and carrying the ball with control. Working as an effective team to score a try. Using tactics for defence.	Weeks 4-7 Gymnastics (Core task Gymnastics – Activity 9 Perform a sequence with 8 elements work with a partner)	Balance, control and strength.  Importance of warm up and cool down.	Composing a sequence with changes of levels, speed and direction. Performing a range balances, rolls and shapes to include mirroring and matching. Use large apparatus.	Weeks 4-7 Strike/ Field (cricket & rounders)  Core task: Strike/ field Activity 4 (Hit the ball and run between the wickets/ bases)	Striking the ball  Retrieving and sending a ball	Striking the ball into a space.  Fielders retrieve a ball and send accurately using different throwing techniques. Running fluently
Dance 7-10 (Core task – Dance –	Collaborate, communicate and negotiate.	To react to a stimulus.	Weeks 8-10 Invasion – Hockey	Sending and receiving.	Passing and shooting with control, fluency and accuracy	Weeks 8 onwards OAA	Understand how to orientate a map.	Able to orientate a map.

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<p>Activity 7 – make a dance with ideas from a video. Use Matalan card 13 – 1960s)</p>	<p>Creativity. Teamwork</p>	<p>To understand and use the dance terms meeting, parting, unison and canon.</p>	<p>(Core task – Invasion Activity 9 – Attack and defend to score a goal)</p>	<p>Fair play  Spatial awareness</p>	<p>Working well as a team.  Being aware of spacing.</p>	<p>Core task activity 6 Find the control points within the time limit. Core task activity 8 Take the treasure chest over the electric fence. Use LCP site orienteering Use Top cards Symbol games and score even.</p>	<p>Communicate and collaborate with others Work as a team to solve a problem</p>	<p>Be able to draw a map and use it to find control points.</p>
<p>Weeks 11 onwards SAQ/ Fitness  (Use the support packs)</p>	<p>Agility, balance and coordination  Self and Peer evaluation.</p>	<p>Quickness of feet. Correct techniques. Effective use of equipment. Improved levels of fitness,</p>	<p>Weeks 11 onwards Net/Wall Tennis (Core task – Net/wall -Activity 11 – Score points by making the ball land on the opposite side of the court).</p>	<p>Selecting and applying. Honesty. Peer assessment.</p>	<p>Using shots and targets to outwit opponents. Defending their court area. Umpiring and evaluating each others performance effectively.</p>			