

Curriculum Map - Year 3 2018-2019

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses.

Autumn Term			Spring Term			Summer Term		
Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
<p>Weeks 1-7 Invasion</p> <p>Suggested: Football Basketball Hockey Core task – Invasion Activity 2 – Score in your goal</p>	<p>Control and move with the ball.</p> <p>Attacking and defending with accuracy.</p> <p>To understand how to dribble.</p>	<p>Walking Running Dribbling Turning Twisting Kicking Collecting Striking</p>	<p>Week 1-3 Gymnastics</p> <p>Core task – Gymnastics – Activity 6 Perform a sequence at different speeds</p>	<p>To perform a balance on 4, 3, 2 and 1 body parts.</p> <p>To perform a sequence.</p> <p>Show clear changes of speed.</p>	<p>Walking Climbing Turning Twisting Stretching Extending Leaping Tucking Jumping Hanging Flexing Bending Landing</p>	<p>Weeks 1-3 Athletics</p> <p>Core task – Athletics Activity 6 – Try different ways of running, jumping and throwing.</p>	<p>To use different throwing techniques</p> <p>To run effectively.</p> <p>To jump from 1 foot and 2 foot.</p>	<p>Walking Running Leaping Jumping Throwing Bending Stretching Extending</p>
<p>Invasion</p> <p>Suggested: Football Basketball Netball Hockey Core task – Invasion- Activity 3 – Score from inside the end zone</p>	<p>To use a range of techniques to pass the ball.</p> <p>Move into positions to receive a ball.</p> <p>Move to intercept the ball</p>	<p>Running Walking Dribbling Kicking Striking Collecting Turning Bending Bracing</p>	<p>Week 4-6 Dance</p> <p>(Matalan card 15 - Bollywood)</p>	<p>Different methods of travelling and use of pathways</p> <p>Social skills</p>	<p>Use of heels, turns, step slides. Range of pathways - forwards, backwards, diagonal</p> <p>Respect of another culture and others ideas</p>	<p>Weeks 4-6 Strike/Field</p> <p>Suggested: Cricket Rounders Core task -Strike/field -Activity 2 – Hit the ball run until the ball returned</p>	<p>Striking/batting the ball</p> <p>Retrieving a ball.</p> <p>Sending a ball back.</p>	<p>Walking Running Rolling Catching Pushing Bouncing Throwing Striking Collecting Turning Twisting Bending Bracing</p>

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<p>Dance Week 8-12</p> <p>(Core task - Dance Activity 3 - Make a dance that looks like machinery. Also the Matalan card 7 Machinery</p>	<p>Coordination</p> <p>Creativity And Imagination</p>	<p>To use variety of levels and speeds.</p> <p>To use different parts of the body.</p> <p>To develop own ideas.</p>	<p>Weeks 8- 10 Multi skills (SAQ)</p> <p>Use Health and Fitness Programme Pack in PE file</p>	<p>To be able to sprint for 30 seconds non-stop.</p> <p>To be able to perform aerobic exercise for 30 minutes.</p> <p>To show control and co-ordination in movement.</p>	<p>Walking Running Bounding Hopping Leaping Jumping Skipping Turning Twisting Bending Stretching</p>	<p>Weeks 8-12 O&A</p>		
			<p>Weeks 11-13</p> <p>Net/wall</p> <p>Suggested: Tennis Badminton Volleyball</p> <p>Core task – Net/wall-</p>	<p>Throw the ball high at a distance.</p> <p>Throwing a ball over a net accurately.</p> <p>Use the forehand shot</p>	<p>Running Catching Pushing Carrying Bouncing Throwing Collecting Turning Twisting Extending</p>			

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			Combine Activity 2 Activity 3	to bat the ball forwards.				
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