

Curriculum Map - Year 1 2018-2019

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses.

Year 1	Autumn Term			Spring Term			Summer Term		
	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
Weeks 1-3	Get Active Get Moving Reception planning and resources SAQ No core task	Recap fundamental movements from EYFS unit Side steps, stopping and starting. Work in different directions	High knees, head up, strong arm action - hip to lip, opposite arm to foot. Use the correct arm action in coordination with legs (hip to lip, opposite arm to foot). Able to side step between using the correct technique between spots	Weeks 1-3 Dance Core task 1 - Make your own dance. If required: Matalan card 1 - Laugh a minute.	Start and Finish. Different shapes. Gestures. Travelling. Working with a partner or group	Remember and repeat simple dance phrases. Respond to stimuli and musical accompaniment. Begin to work with a partner.	Weeks 1-3 Dance No core task. LCP Dance - At The Seaside.	Explore movement ideas and respond to a range of stimuli. Move confidently and safely in their own space, using changes of speed, level and direction. Copy, explore, remember, repeat and link a range of actions with coordination and an awareness of the expressive qualities of dance	Remember and repeat simple dance phrases. Respond to stimuli and musical accompaniment. Begin to use space safely, changing direction, level and speed. Begin to work with a partner.
Weeks 4-7	Gymnastics Core task 1 - Make a short movement phrase.	Travelling Shapes Rolls Balance, coordination and agility	Copy and repeat Perform movements with some control and coordination when travelling and remaining still.	Weeks 4-7 Gymnastics Core task 2 - Link together like actions.	Shapes Rolls Jumps and landing bunny hop Balance, coordination and agility	Perform three different jumps and rolls Able to bunny hop. Link three 'like' movements together on floor and apparatus.	Weeks 4-7 Athletics Core task 1 & 2 1. Move bean bags from hoop to hoop. 2. How many cones can you touch in the time?	Different ways of travelling Walking, running, hopping, skipping, jumping.	Able to use different methods of travelling, walking, running, hopping, skipping and jumping.

